

# Ovarian cancer facts

**Just one in three women are diagnosed early (Stage I or II)**

- FACT** Ovarian cancer symptoms present at the early stages of disease.
- FACT** 85 per cent of women with ovarian cancer reported at least one symptom during the year before diagnosis.
- FACT** Over a quarter (26 per cent) of women with symptoms report making three or more visits to their GP before being referred for diagnostic tests.

## Ovarian cancer symptoms

- ▶ Persistent abdominal distension (bloating)
- ▶ Early satiety and/or loss of appetite
- ▶ Pelvic or abdominal pain
- ▶ Urinary urgency and/or frequency
- ▶ Unexplained weight loss and/or fatigue
- ▶ Changes in bowel habit

### Think:

- ▶ **Frequent:** Symptoms usually happen more than 12 times a month
- ▶ **Persistent:** They don't go away
- ▶ **New:** They're not normal for your patient

## How Target Ovarian Cancer can help you

We recognise that there are significant barriers hindering early diagnosis. We are here to support you:

- ▶ Access our free accredited online learning modules
- ▶ Order free copies of our symptoms diary and guides for your patients
- ▶ Signpost your patients to our nurse-led support line on **020 7923 5475** or [targetovariancancer.org.uk/supportline](https://targetovariancancer.org.uk/supportline)



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To access the full list of references please contact us at [info@targetovariancancer.org.uk](mailto:info@targetovariancancer.org.uk)

**In this video, Dr Vicki Barber explains the facts around ovarian cancer diagnosis.**

