

We invite you to join **Our online community**



**Find support, strength and
community in our Facebook
groups:**

The Ovarian Cancer Community

is a kind, supportive group
for everyone affected by ovarian
cancer, including friends and family.

www.facebook.com/groups/ovariancancercommunity

In Touch is a safe, private and supportive
space only for those with a diagnosis.

www.facebook.com/groups/intouchtargetovariancancer

*“ I was so grateful to get reassurance and tips to support my mum
through her journey especially when she started chemo.”*

*“ It’s a place where I don’t have to explain why I’m worried, or what
everything means. The people here understand.”*



Find out more at www.targetovariancancer.org.uk/community

©Target Ovarian Cancer 2022 Target Ovarian Cancer is a company limited by guarantee, registered in England and Wales (No. 6619981). Registered office: 30 Angel Gate, London EC1V 2PT. Registered charity numbers 1125038 (England and Wales) and SC042920 (Scotland).